

**Nightlife  
Issue**

**mgw**  
New Magazine

Volume 29  
Issue 532  
[mgwnews.com](http://mgwnews.com)

APRIL 07

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Eating Out 2**

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#### NATIONAL ADVERTISING

Rivendell Media—212.242.6863

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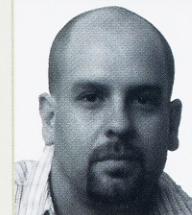
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## Jeffrey A. Davis Exec. Publisher



Welcome to MGW's special Nightlife issue. Spring is here, Pride Season is right around the corner and Sacramento's GLBT community is bigger and stronger than ever. Especially when it comes to our nightlife.

2007 welcomes several great new businesses including a new church for Sacramento called A Church For All (achurchforall.org), a great new community business called Grind & Groove (see ad below) and, of course the newly up and running Badlands.

The opening of Badlands along with the expansion of Faces Nightclub has made 20th & K Steets even more of a destination spot for those of us who enjoy a night of socializing with friends or potential love-matches.

Both businesses have made Sacramento's Lavender Heights a livelier place to hang out on a Friday or Saturday night.

As our community expands in this area, it is also important to see expansion in other areas as well, particularly there is a need for meeting places for those who aren't into the club and bar scene. We have a library and several coffee shops, and hopefully we will see more popping up as the year goes on.

We would like to acknowledge that this is the first issue in well over a decade that hasn't featured a review by MGW's Film Reviewer Stefan Gruenwedel. Stefan has retired from his reviewing in order to pursue a more in depth love of the filmmaking process and making short films. Stefan has been a vital part of the MGW family for many years and his talents will be greatly missed. We all wish him and his family a wonderful "retirement" from MGW.

Thank you, Stefan!

## Matthew Burlingame

## Editorial Director



Americans have mastered the fine art of doing one thing and saying another, such as buying porn from the G-Spot after preaching that sexual iconism is destroying the gay male id. We're so good at it we sometimes forget when enough is enough—especially when it comes to that three letter word that scares the hell out of so many...S-E-X.

A perfect example is the recent ruling by the 11th U.S. Circuit Court of Appeals upholding an Alabama law banning the sale of sex toys. They cited that Alabama's sex toy ban is constitutional because "the state's interest in preserving and promoting public morality provides a rational basis for the challenged statute."

So basically you can buy a gun to blow your brains out but you can't buy a vibrator to f--k your brains out.

Another example of fine hypocritical thinking is the case of David Ware, a high school teacher who was charged under Texas' peeping-tom law with videotaping girls' wrestling matches for his sexual enjoyment.

Apparently the 28-year-old teacher shot about two hours of videotape at an all-day tournament in which he would zoom in for close-up shots of the girls' crotches. A suspicious coach got a policeman to review the tape who deemed it lude and arrested him under a law stating that filming a person without consent for sexual arousal is a felony which carries two years in prison and a \$10,000 fine.

Now, here the situation has several disturbing aspects. The first of which is...who will be the judge of sexual arousal? In Ware's case, it is obvious—he was getting close-ups. But what if you are taking a vacation video and a hot guy walks in front of the camera? If you find him attractive should you turn yourself in to the next available officer?

Set aside the girls were fully clothed, and that it was a public event with hundreds of people in

attendance where he was filming—both of which should technically be legal. The real question that just absolutely stuns me to no end is why Ware was charged simply with the crime of filming without consent and yet not one word was uttered about him filming girls who were underage!

The man was videotaping crotch shots of underage high school girls and they are worried about what was on that tape? Why weren't they emphasizing that fact? You better damn well believe if he had been doing the same thing at a boy's wrestling match he would have been instantly labeled a pedophile, tried and crucified by the mainstream media and his life destroyed before the week was up.

But once again it's that good old American hypocrisy training at work. Any number of women's magazines as well as Sports Illustrated (OK, the swimsuit edition) can put women in micro bikinis on the cover; Midtown/Downtown Monthly can put a bare-chested man on the cover (and don't tell me ya'll didn't think it was hot) and its all just a big old apple pie eatin' picnic for everyone. But a few months ago MGW throws a pair of kissing porn sailors on the cover and everyone suddenly acts like a bunch of nervous virgins on their wedding day—including our own community.

Et tu, Brute?

Everyone is entitled to their opinion—you don't have to like it. But if you do, don't be a hypocrite about it. It just makes you...sad.



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# Q&A

Compiled by  
Tony G.

This month's Q&A focus is the "April Fools" in our community—specifically the Cheaters and the Cheated. With the recent expansion of Lavender Heights, and the gay libido I was sure there wouldn't be a problem finding people to share responses. Not to mention that I'm nosier than a parade of elephants looking for a peanut in a circus tent—getting the dirt on people is my added bonus.

Locating responses was easier than expected. Approximately 92% of the people I came in contact with experienced some form of cheating—the majority surprisingly were women cheaters (ladies stop being so scandalous) this might be because men generally don't jump in to relationships as quickly as women do, so the chances of cheating lessen.

It blows my mind how nonchalant people were with their responses,

almost as if being gay implied a cheat. I don't understand why it's so difficult to keep your peckers in your pants, tongues in your mouth and fingers out of orifices. Relationships are emotional commitments, if you don't know what you want—don't commit. If you commit and you cheat, have the balls to tell your partner. Stupidity has to be the reason, or complete selfishness.

In one of the responses a person says "I finally believed I found someone special" Well I'm putting emphasis on the words "Finally" and "Special" and say this to the cheating populous: If you can understand what it feels like to wait for something you've valued your whole life, then to receive it, and then have it destroyed right in front of you, beyond your control, then do mankind a favor and stay single. Have all the sex you want, just

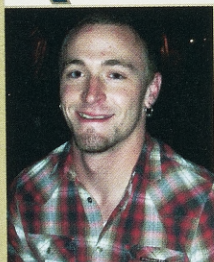
don't commit.

As for me, I've never been a cheater, the one time I suspected the possibility I may cheat I ended the relationship out of respect. To my knowledge I've never been cheated on, and to be honest I'm OK with someone cheating on me as long as I don't know, I can't care. But they damn well better hope, pray and plead for their own good, that I never find out.

If it ain't real—get real.  
If you got real—stay real.  
Keep it real Sacramento.



## Have you ever cheated or been cheated on?



**ALLEN, SACRAMENTO**  
STUDENT

My first relationship he cheated on me I thought, but it turned out I was the only one who cheated, eye for and eye, lesson. I ended up being the asshole (ASKED AT DEPOT)



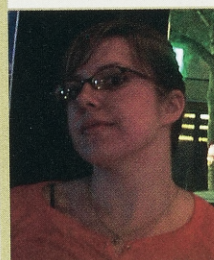
**DANIELLE, SACRAMENTO**  
STUDENT

My last serious relationship the man cheated on me. We dated for six months and I thought all was perfect then I overheard a conversation with someone from where he "worked" then it hit me I allowed myself to believe I found that special someone and it was all a lie. (ASKED DOWNTOWN)



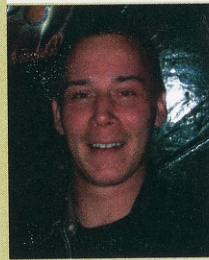
**NATHAN, SACRAMENTO**  
BARTENDER

My first boyfriend cheated on me when I was 17 but we were young. My last boyfriend cheated on me after 6 months of dating, I should have ended it but I stayed—my mistake. I still believe in love, and don't think it has jaded me, but it has made me wiser. (ASKED AT DEPOT)



**AMANDA, SACRAMENTO**  
ROLLER GIRL

Yes, I cheated on one of my ex-boyfriends for the first 6 months of our relationship. Even dated an ex football player for two of those months, I stopped cheating when I realized I loved him. (ASKED AT DEPOT)



**DONNY, SACRAMENTO**  
BARISTA

I have been cheated on. My first did it and I asked him and he lied. But I knew and I told him we were done and walked home. (ASKED AT DEPOT)



**PHILIP, SACRAMENTO**  
SELF-EMPLOYED

Been cheated on, working 100 hours a week gave girl every chance to do it and she did—with my best friend. After I got evicted. (ASKED AT CLUB 21)



**ANTHONY, SACRAMENTO**  
IT SERVICES

Yes my partner of five years had sex with a girl, got her pregnant, left me and married her. (ASKED AT DEPOT)



**KINNISON, SACRAMENTO**  
ROLLER GIRL

Yes, I'm a cheater. I was seeing a guy and we were talkin' on the phone, "I miss you cant wait to see you again". I attempted to answer call-waiting from my boyfriend then clicked back over to the city guy and said, "I hope he doesn't find out." I was mortified to hear my boyfriend's voice "what the f--k?" (ASKED DOWNTOWN)



**ROBERT, SACRAMENTO**  
CASHIER/HOST

I cheated on my boy less than a week after we got back together after being heartbroken for a month it was with someone we did a threesome with. Can you say 'stupid'? How about 'sex addict'? (ASKED DOWNTOWN)



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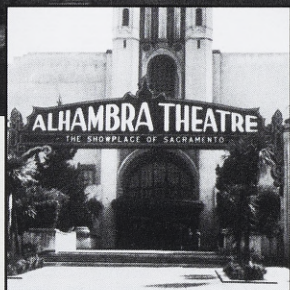
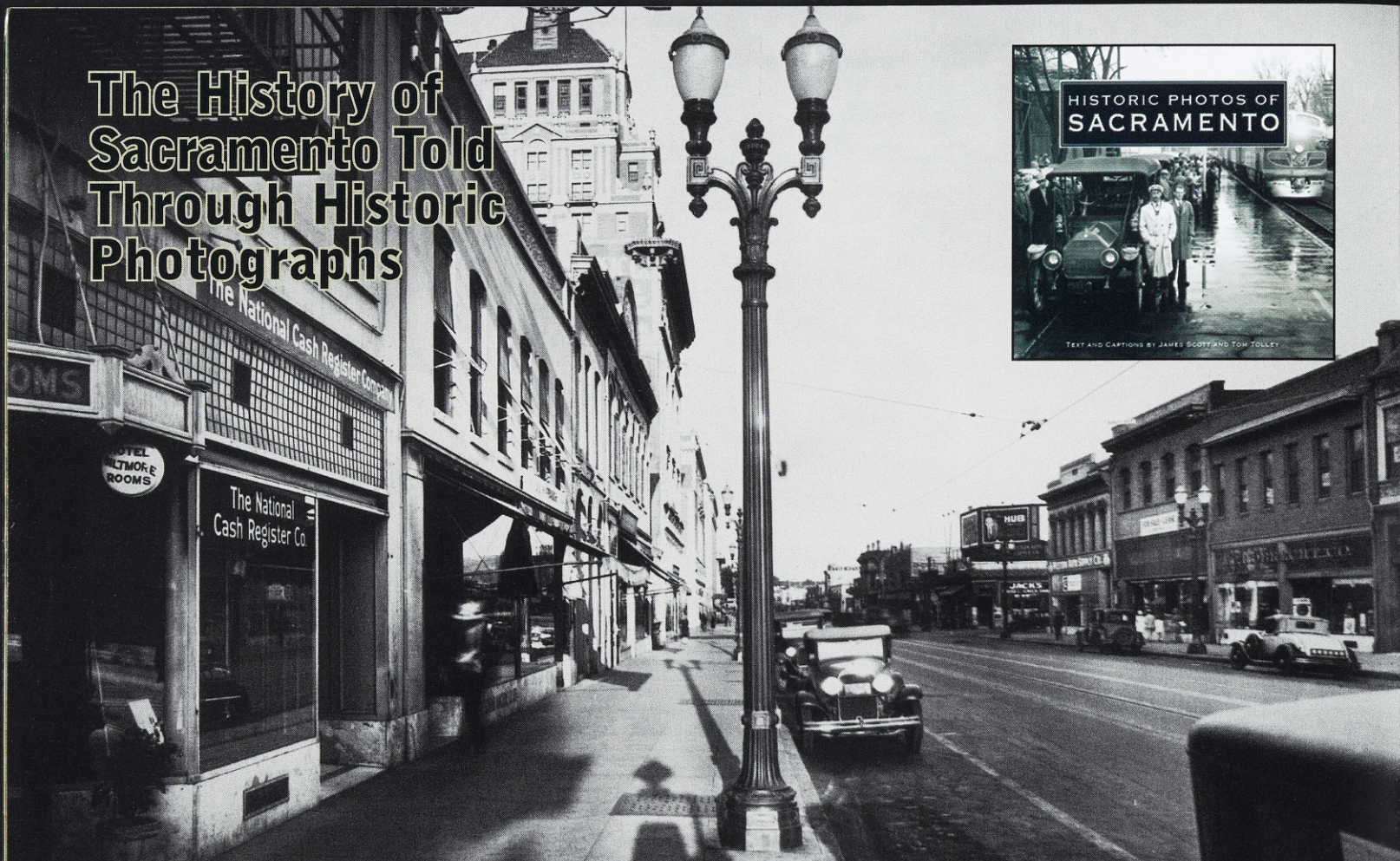
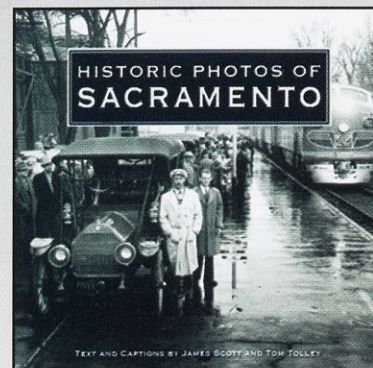
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# The History of Sacramento Told Through Historic Photographs



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**Street Cars at Oak Park  
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**Sacramentans Brave a  
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1942**



**The Infamous El Rey Fire  
1941**

**Historic Photos of Sacramento  
By James Scott  
Turner Publishing, \$39.95  
ISBN: 1-59652-308-5  
turnerpublishing.com**

From its founding in 1839 by John Sutter as a trading colony and stockade, Sacramento has been an integral part of the fabric of United States' history. The history of the city reflects both a diverse and progressive spirit, and a unique culture that is the foundation of the city's present-day prosperity.

James Scott, author of Turner Publishing's new book *Historic Photos of Sacramento*, reveals the distinguished story of the "City of Trees." On his journey, he shares compelling images and stories of city history, with glimpses of the past as "Sactown" booms with the California Gold Rush, becomes the western end of the Pony Express, struggles through floods, cholera, and fires, and much more, all presented in beautiful black-

and-white photography.

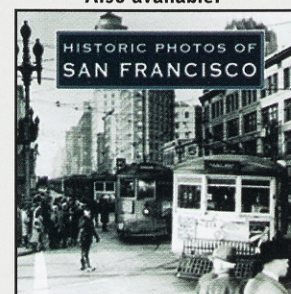
James Scott believes his new book will both entertain and educate. "I hope folks are able to view the book as a baseline of sorts; this is where we've been, and despite flood, fire, and famine, we, as a city and community, have been irrepressible," he says. Even those very knowledgeable about Sacramento's past will find interesting information and stories about the city they may not have known, as the "City of Trees" won him over when he moved to town. He says, "Sacramento's story is so compelling, I felt like I had no other choice than to learn it. If you stay in an area long enough, you become part of its historical narrative." Scott continues, "Today's Sacramento possesses such a great cross-section of America. The capital's story is indicative of what greatness springs from diversity. I hope that *Historic Photos of Sacramento* will make the natives proud of their heritage and manifest this feeling amongst readers."

Nearly 200 photographs give a unique and extraordinary perspective on the life of the city. The striking images presented in *Historic Photos of Sacramento* are gathered from the Sacramento Archives and Museum Collection Center. The photos uncover the events, people, and places that have shaped the city's progressive story. "This book is unique for two reasons," explains publisher Todd Bottorff, "the high quality of printing and binding and the fact that most people have never seen these photos."

Descriptive texts and captions accompany each photograph and help define the images that map the life of the city. Recalling a time when Sacramento was an overnight success story experiencing the growing pains of a young city, photographs displayed in the book depict a place most have never known. With fact-filled photo captions and introductions to each chapter, James Scott rediscovers the birth of this scenic city along the American and Sacramento rivers and

guides the reader through its history, from historic landmarks such as the State Capitol, Sutter's Fort, the Bank of Italy, and the State Theatre, to the famous figures of Charles Lindbergh and Ronald Reagan. Other unique pictures include parades, protests, celebrations, sporting events, and many other events that have together formed the rich history of Sacramento.

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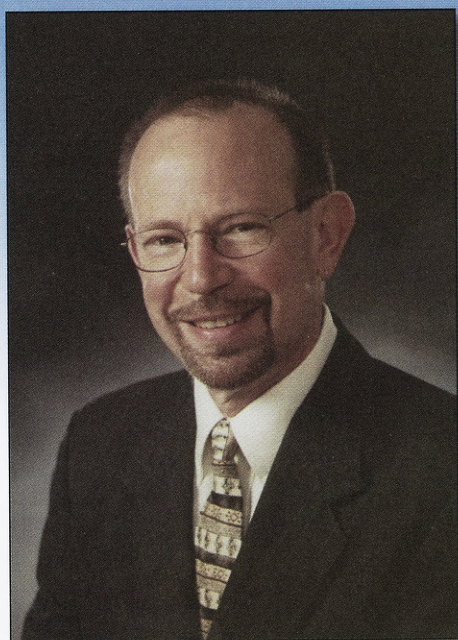
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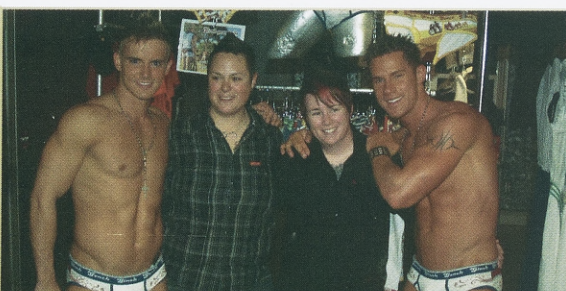
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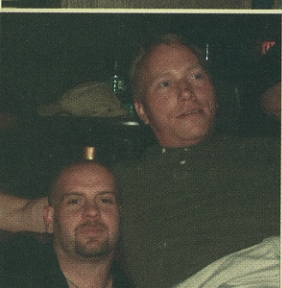
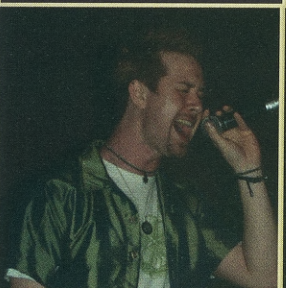


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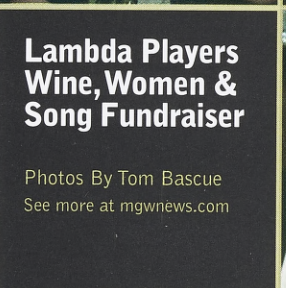
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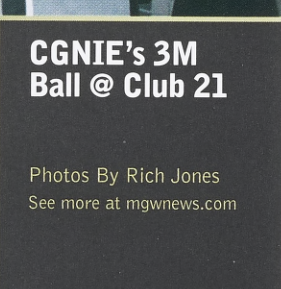
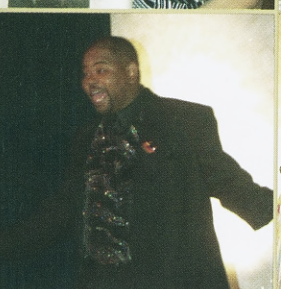
## The Green & White Ball

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## Lambda Players Wine, Women & Song Fundraiser

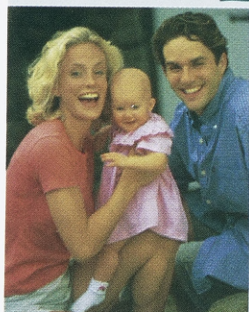
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## Rendezvous @ Headhunters

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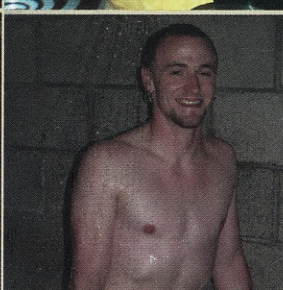
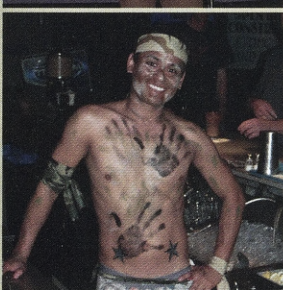
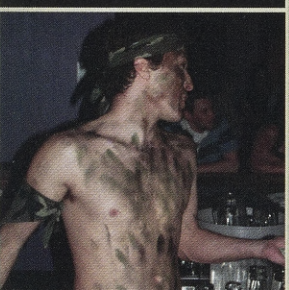
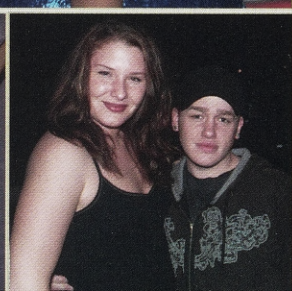


## Dreamgirls @ FACES

Photos By Luis  
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## Downtown Divas Show

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# SEQ CHAPTER \h \r 1 LGBTI Bills On The Move

By Boyce Hinman  
Lambda Letters

On March 27 three bills of importance to the LGBTI community were approved by the Assembly Judiciary Committee. Here is a summary of those bills:

**AB 250** (Chuck DeVore, R-Irvine) This bill would allow a home owner to complete a brief document (a revocable transfer on death deed) deeding ownership of the home to someone else on the death of the owner. The beneficiary would get the home immediately upon the death of the owner without having to go through the expense and difficulties of probate. This could be very helpful to same sex couples where one of them owns the home they share.

Sometimes the owner doesn't know if the relationship will last and so doesn't want to put his or her partner on the deed right away. But nonetheless, he or she wants the partner to have the home to live in if the home's owner dies first. If the relationship sours, the home

owner can always revoke the deed. But if the owner dies first his or her partner is protected. The partners would not need to be registered domestic partners to take advantage of AB 250.

**AB 102** (Ma, D-San Francisco) This bill would allow men who marry to say on a marriage certificate that they are changing their last name. It would make it possible for men who marry to change their last name as easily as women who marry do now. The bill would also allow people registering as domestic partners to change their last names by recording their new last names on the domestic partner registration form.

This bill was introduced by a situation in which a man tried to take his wife's last name when they married. He found it took him months to get permission to do so. And he had to run ads in newspapers for four weeks advertising the fact that he wanted to change his last name. It was an expensive, time consuming and irritating process.

**AB 14** (Laird, D-Santa

Cruz)

This bill amends all California laws relating to business services and public accommodations. These laws each contain lists of prohibited kinds of discrimination. However exactly what types of discrimination are prohibited varies from one law to another. AB 14 places a uniform list of prohibited forms of discrimination in each of the laws. In doing so it includes bans on discrimination against the LGBTI community in each of those laws.

**AB 102** and **AB 14** go next to the Assembly Appropriations Committee. No dates have been set yet for their hearings in that committee. **AB 250** may be voted on on the Assembly floor in mid-April.

On April 10 the Assembly Judiciary Committee will be voting on the bill to allow same sex couples to marry in California. Stay tuned for the outcome.

Boyce Hinman can be reached at [LambdaLP@aol.com](mailto:LambdaLP@aol.com)



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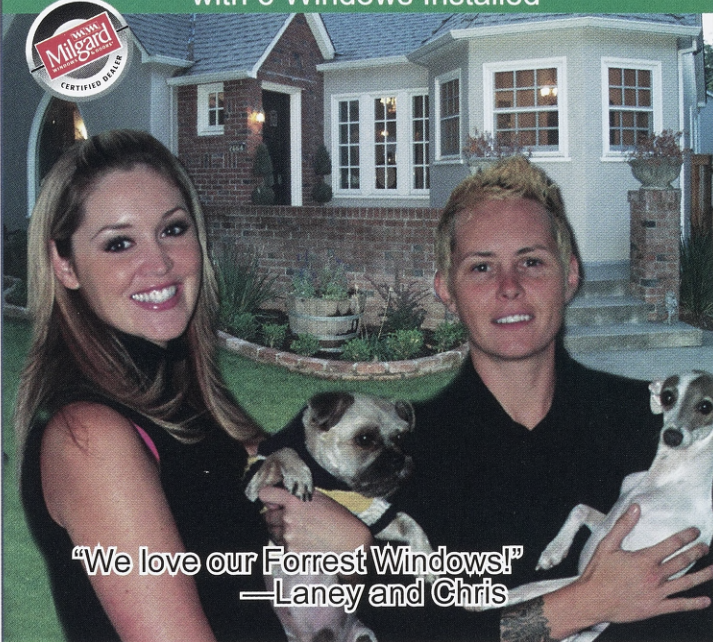


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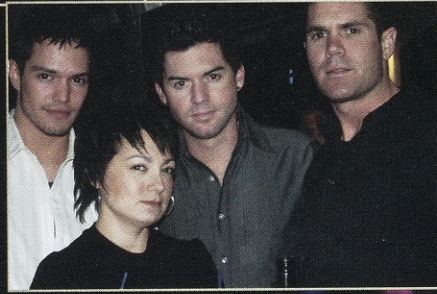
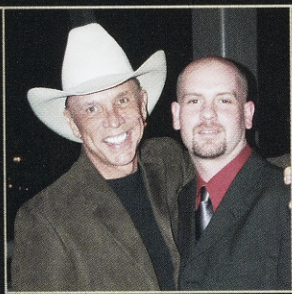
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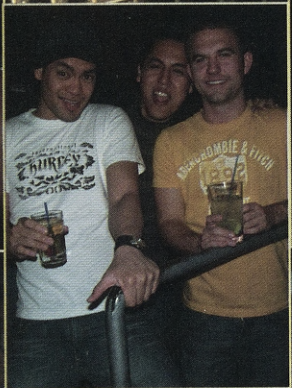
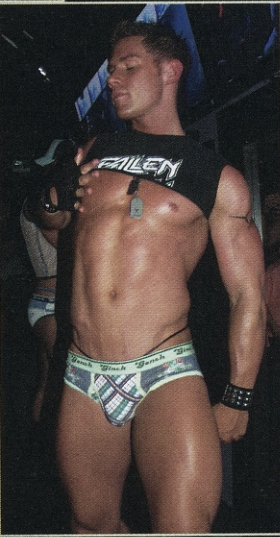
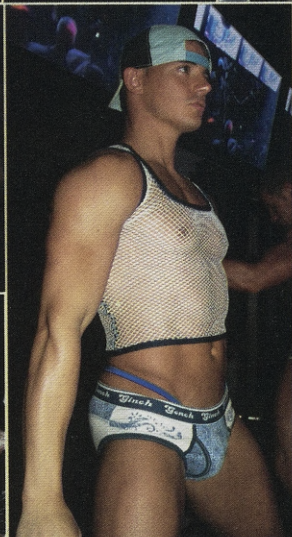
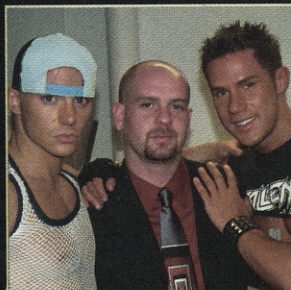
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# Faces Nightclub





Photos By Rich Jones & Peter James

# The Expansion

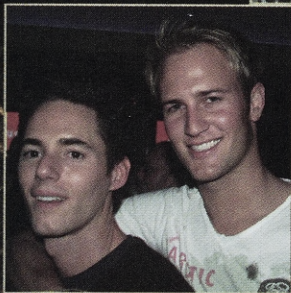
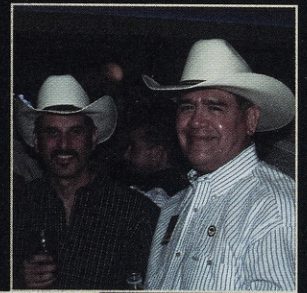
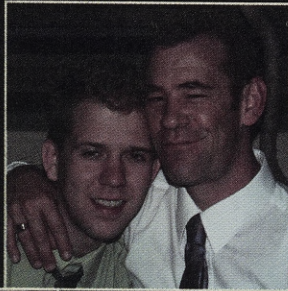
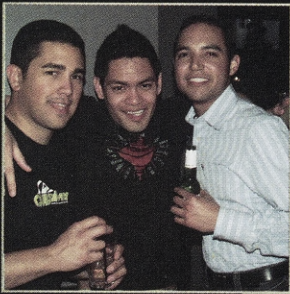


# Sac **Badlands** The **Grand Opening** **Party**



Badlands owner TJ Bruce is congratulated by FACES Nightclub owner Terry Sidie at the Badlands VIP Party & Grand Opening.





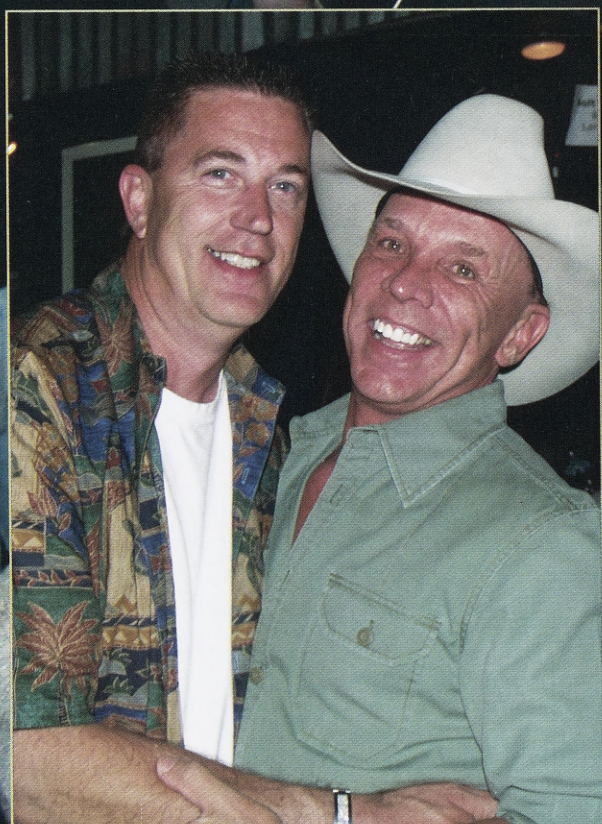
Photos By Rich Jones





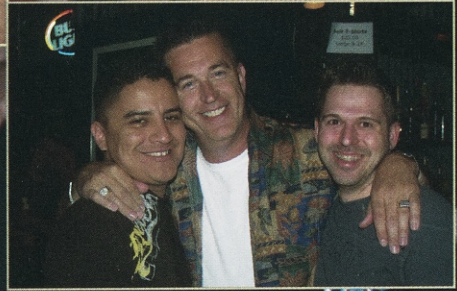
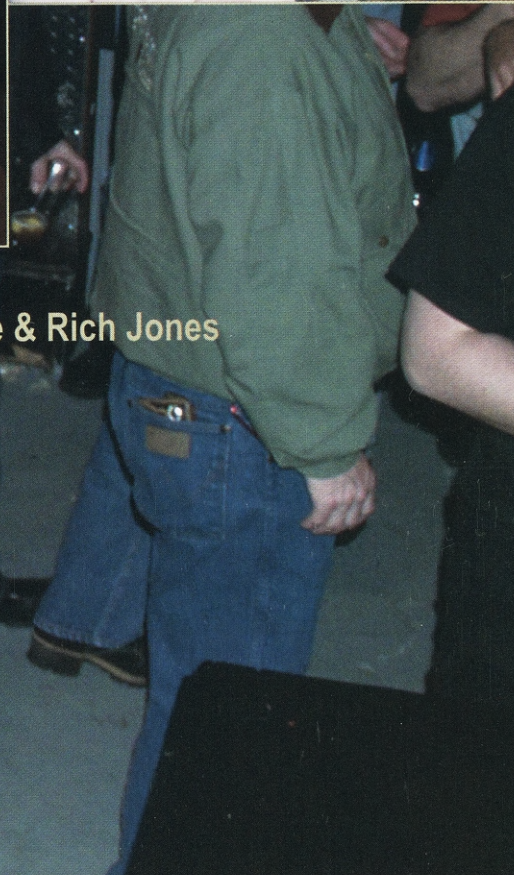
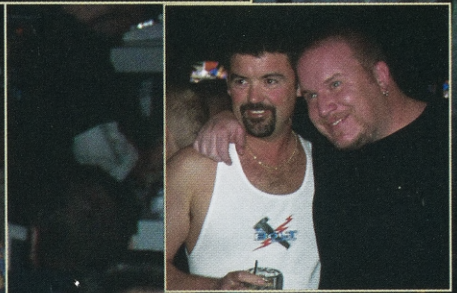
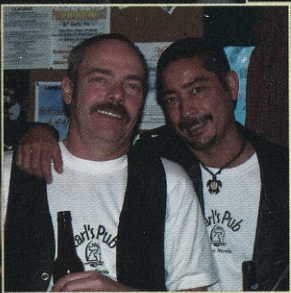
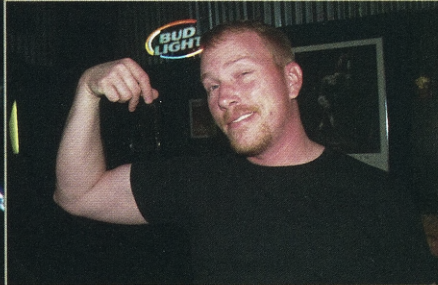
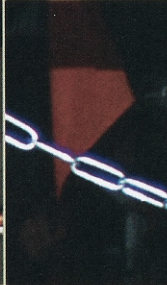
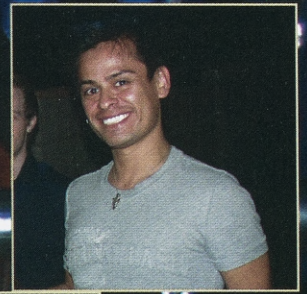
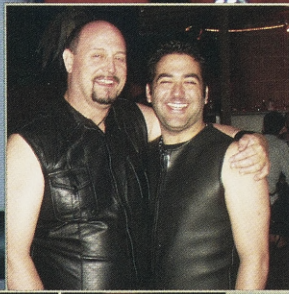
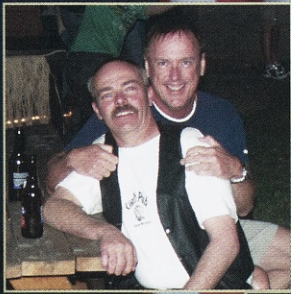
# THE BOLT BAR

## The Anniversary Party



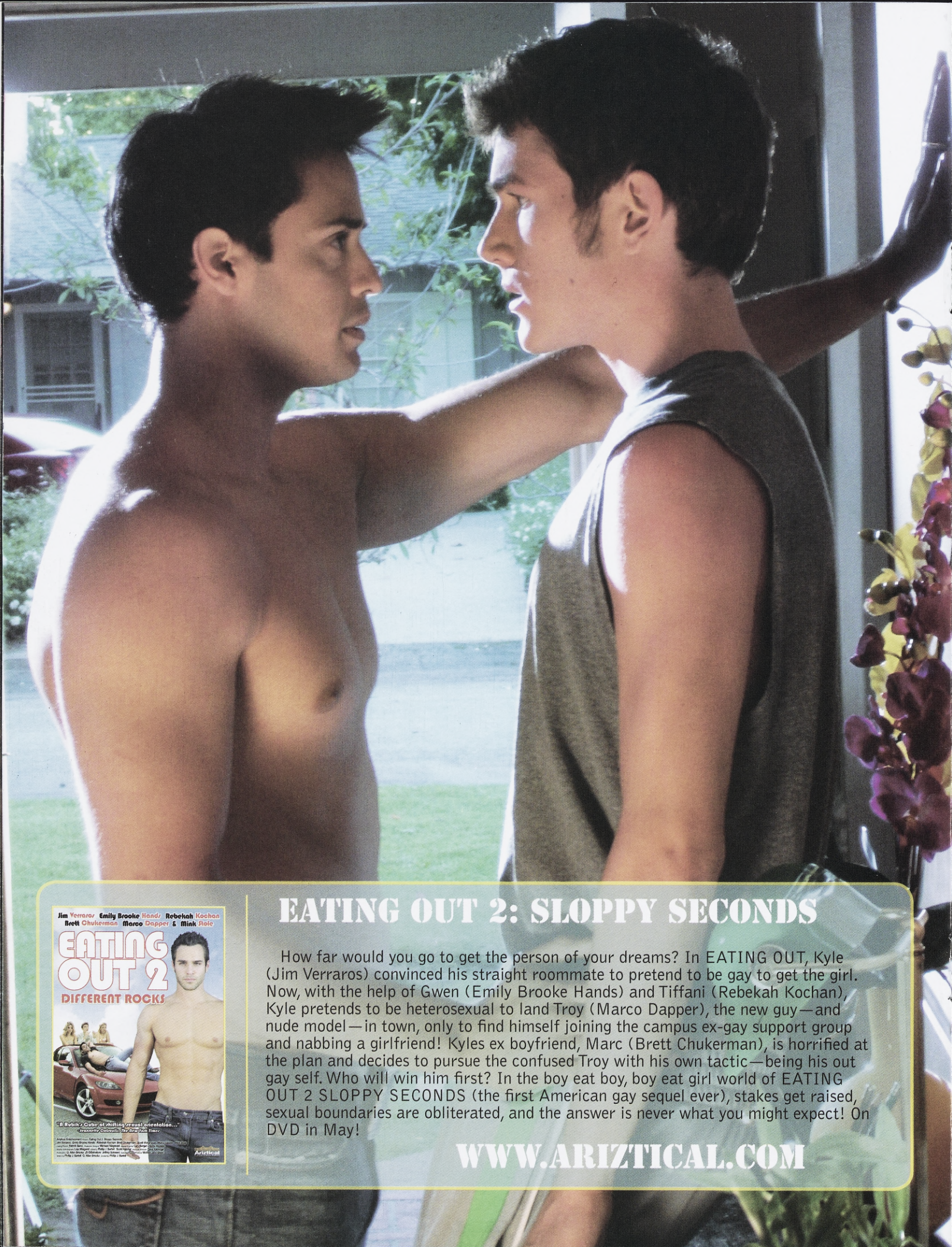
Bolt owner Kenny Yerkes is congratulated at the one year Anniversary of his purchase of the bar by friend and FACES Nightclub owner Terry Sidie.





Photos By Matthew Burlingame & Rich Jones

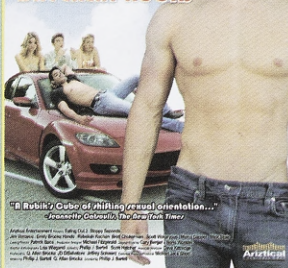




Jim Verraros Emily Brooke Hands Rebekah Kochan  
Brett Chukerman Marco Dapper & Mink Stole

## EATING OUT 2

DIFFERENT ROCKS



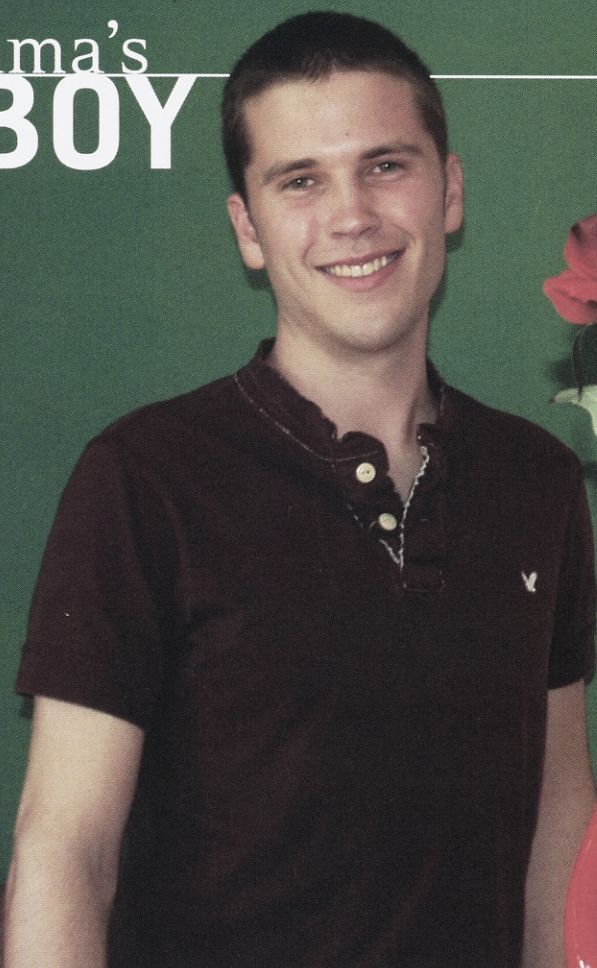
## EATING OUT 2: SLOPPY SECONDS

How far would you go to get the person of your dreams? In EATING OUT, Kyle (Jim Verraros) convinced his straight roommate to pretend to be gay to get the girl. Now, with the help of Gwen (Emily Brooke Hands) and Tiffani (Rebekah Kochan), Kyle pretends to be heterosexual to land Troy (Marco Dapper), the new guy—and nude model—in town, only to find himself joining the campus ex-gay support group and nabbing a girlfriend! Kyle's ex boyfriend, Marc (Brett Chukerman), is horrified at the plan and decides to pursue the confused Troy with his own tactic—being his out gay self. Who will win him first? In the boy eat boy, boy eat girl world of EATING OUT 2 SLOPPY SECONDS (the first American gay sequel ever), stakes get raised, sexual boundaries are obliterated, and the answer is never what you might expect! On DVD in May!

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# mama's BOY



## Kyle

Photographed @ Cervantes Restaurant

Age: 21 Sign: Leo

Hair: Light Brown Eyes: Green Height: 5'8"

Weight 140 Lived in Sac: 19 Years

Occupation: Casino Auditor

## FAVORITES

Bar:

Falls Bar and FACES

Music:

Rap, Jazz & Pop

Restaurant:

Shanghai Fats  
& Cervantes

Things:

Hiking, Driving,  
Gambling & Swimming

Indulgence:

Mint Milk Chocolate

Celebs to hang with:

Bette Midler

Thing About Sac:

Jazz Festival, State  
Fair & Midtown

Greatest Fear:

Dying Alone

Greatest Challenge

Facing gay people:

Commitment

Work out tips:

Consistent Walking &  
Diet

## Krissy

Photographed @ Spanish Fly Salon

Age: 30 Sign: Aquarius

Hair: Black Eyes: Brown Height: 4'11"

Weight: 106 Lived in Sac: 1 year

Occupation: Hairstylist @ Spanish Fly

## FAVORITES

Bar:

Depot & Golden Bear

Music:

Interpol, Tool, The Rap-  
ture, to name a few

Restaurant:

Thai Basil  
Tres Hermanas

Things:

Laughing, Sleeping &  
Soup

Indulgence:

Thai Food, Sushi &  
Hawaiian Punch

Celebs to hang with:

Jim Morrison would  
have been rad

Thing About Sac:

Becoming more  
diverse, but there is  
still a lot of work to be  
done

Greatest Fear:

Unconscientiously  
Irresponsible people

Greatest Challenge

Facing gay people:

Ole Fashion

Homophobia

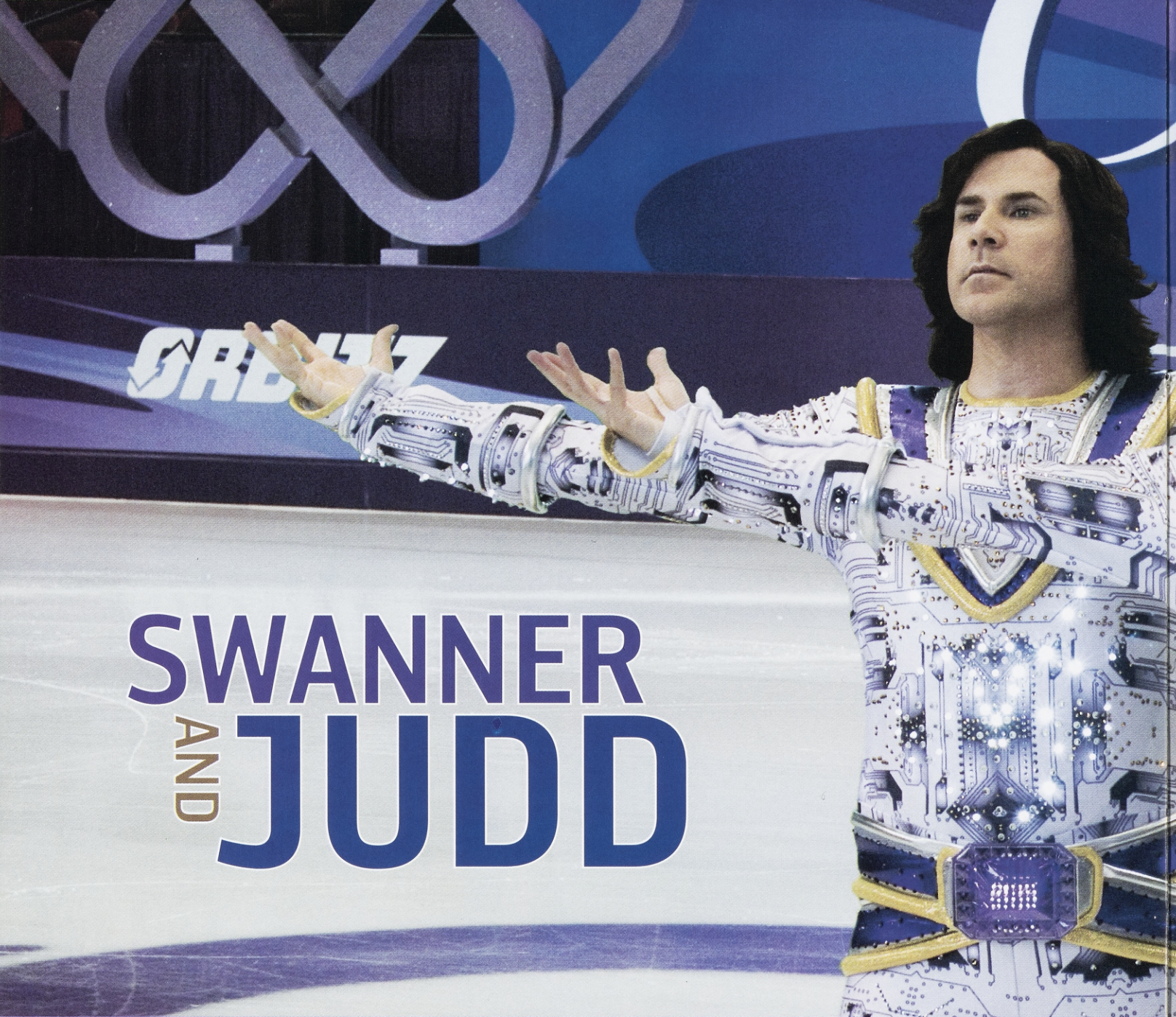
Work out tips:

Focus on your whole  
body, rather than just  
one area

# mama's GIRL







# SWANNER AND JUDD

**SWANNER:** There is good news and bad news. The good news is that Will Ferrell's new movie, *Blades of Glory*, is hilarious and the bad news is the Adam Sandler's, *Reign Over Me*, is terrible. Let's start with the good stuff. *Blades of Glory* tell the story of how two rival ice skaters must work together as a couple after a lifetime ban from men's single skating. Jon Heder plays the second half of this skating pair and the two actors have a real chemistry together. I went to see the film expecting to have seen all the funny stuff in the previews. I was happily surprised. I think having Heder with an equally leading role prevented Ferrell from having too much grandstanding time. As in his other roles, Heder adds his own

sweet subtle comedy, which helps to mellow out Ferrell's way over the top shtick.

**JUDD:** I was afraid the movie was going to take the cheap route of homophobic jokes—after all, the movie is about men's figure skating—but I was surprised that what gay jokes were in the movie weren't derisive. In fact, there seemed to be a gay subplot between the coach and the choreographer that got left on the cutting room floor. I agree that Ferrell and Heder make a very good team—and I was a little nervous about Heder because he's not exactly a good actor and I've never really thought he's funny, but he did play really well against Will Ferrell. And is it wrong that I thought Heder was kind of hot? He's tall, with a good build,

an "interesting" face... I'm so embarrassed.

**SWANNER:** You're hot for Napoleon Dynamite? Gross!! All the gay jokes worked and weren't offensive like they were in *Wild Hogs*. I also like that the film has cameos from some of the greats of figure skating. Another movie that didn't suck was *Meet the Robinsons*. This new film from Disney is about a young orphan (you know how Disney loves those Orphan's) who is trying to find his family. I thought it was a bit to young for me but the preteen crowd will love it.

**JUDD:** I wanted to like *Meet the Robinsons* more than I did. I could definitely tell it wasn't a Pixar script. There was very little character development in the beginning and I felt like I

was being introduced to all these superfluous characters—of course it all made sense at the end, but I think if they had focused a little more on building up who these people were instead of trying to cram as many characters as they could into the first 20 minutes I would have enjoyed it more. I loved the villain, especially the speech he gives to Goob about holding a grudge... So true, so true. Actually, the more I think about it now that I'm removed from that den of filthy, screaming children, the more I liked the movie.

**SWANNER:** That wasn't screaming... that was laughter. The children were happy and having a good time.

**JUDD:** Tomato, tomahto. I film that sent me screaming from



# apture



the theatre was *Reign Over Me*, Adam Sandler's attempt at a heavy and heartfelt piece. The plot is Sandler's family is killed in 9/11 and he is grieving in his own way. Apparently, his way isn't the proper way so Don Cheadle, who is runs into him by happenstance after a period of years, decides to help him grieve over his family. This movie is unlikable for so many reasons. It's self-indulgent. It's a hackney script. Sandler's performance is horrible and is only made worse by the god awful Bob Dylan fright wig he wears.

**SWANNER:** There is very little to like about this movie. I don't like the fact they used a national tragedy to validate Sandler's grieving. I hated that they under used the talented supporting cast so we could watch the two leads

play video games and jam on the drums. I hated that Sandler is distraught about his losing his family while Cheadle has no problem neglecting his family in the name of helping an old friend and if all of that isn't bad enough, even Sandler's dog was on the planes that hit the World Trade Center...give me a freakin' break. This movie is on my worst film list of 2007 and I can't imagine another film taking its place. Now on to something that made us both laugh...*Premonition*.

**JUDD:** *Premonition* is the laugh riot of the year. Sandra Bullock's husband is killed in a fiery car accident, she goes to bed and when she wakes up he's alive. Then she goes to bed, wakes up and he's dead again. She then deduces (don't ask me how) she's

flipping between the present and the past with each sleep cycle. She finds out her husband is having an affair and she has to make the choice of saving him or allowing him to die, which leads to one of the most hilarious endings in a movie since... I don't know what.

**SWANNER:** Brian was one of many laughing out loud in the theatre. I laughed quietly to myself. We both also laughed too many times during this destined to be a cult classic. We devised a drinking game. Take a shot with every new day. Take a shot with every plot hole...

**JUDD:** Take a shot with every plot hole? No way, that'd cause alcohol poisoning in even the most dedicated drunk! I loved *Premonition* because it tried so hard to cram every stereotypical

scare into a film—amnesia, needles, corpses, crows, storms, lethal car accidents, spooky mental institutions—and it comes off so schlocky it's a total hoot.

**SWANNER:** Don't forget an ending that had everyone groaning. I'm sure we'll see *Premonition* on Brian's really awful/great movies list for this year.

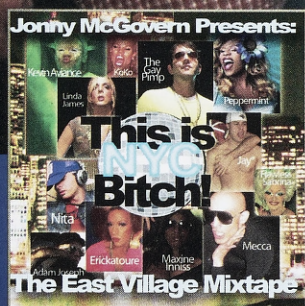
**JUDD:** I've already pre-ordered it!

	SWANNER
PREMONITION	★
MEET THE ROBINSONS	★★★
BLADES OF GLORY	★★★
REIGN OVER ME	0

	JUDD
PREMONITION	★(★★★★)
MEET THE ROBINSONS	★★
BLADES OF GLORY	★★★
REIGN OVER ME	0

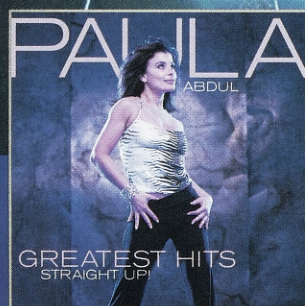


# MUSIC shelf



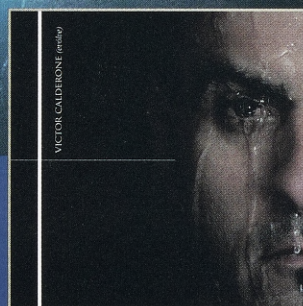
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## VICTOR CALDERONE EVOLVE ULTRA RECORDS

Victor Calderone keeps living up to his party's namesake. The superstar DJ has been attaining new levels of stardom, and legions of new fans, with his successful Evolve parties. He's now poised to deliver a career-defining album of exclusive edits and new productions with "Evolve," due in stores in early spring on Ultra Records. Calderone is already widely famous in the dance music community for his remix work, having worked with artists such as Madonna, Sting, Cher, Beyonce and GoldFrapp. [victorcalderone.com](http://victorcalderone.com)

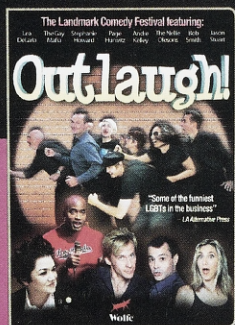


## KATE HAVNEVIK MELANKTON REPUBLIC

The Voice of Grey's Anatomy, Kate Havnevik's music has had an unprecedented 5 songs placed on the show and several have made it to the Grey Anatomy's soundtrack CDs. Kate's debut CD Melankton means "Black Rose" which describes Kate's idea of the CD's sound-scape and production perfectly: dark, yet beautiful. The 12 songs on the CD range from symphonic pop to the most intimate of melodies. Melankton is heady, intoxicating and evocative. [katehavnevik.com](http://katehavnevik.com)

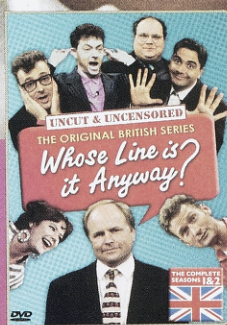


# DVD shelf



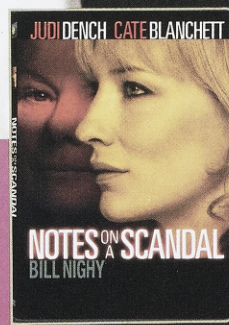
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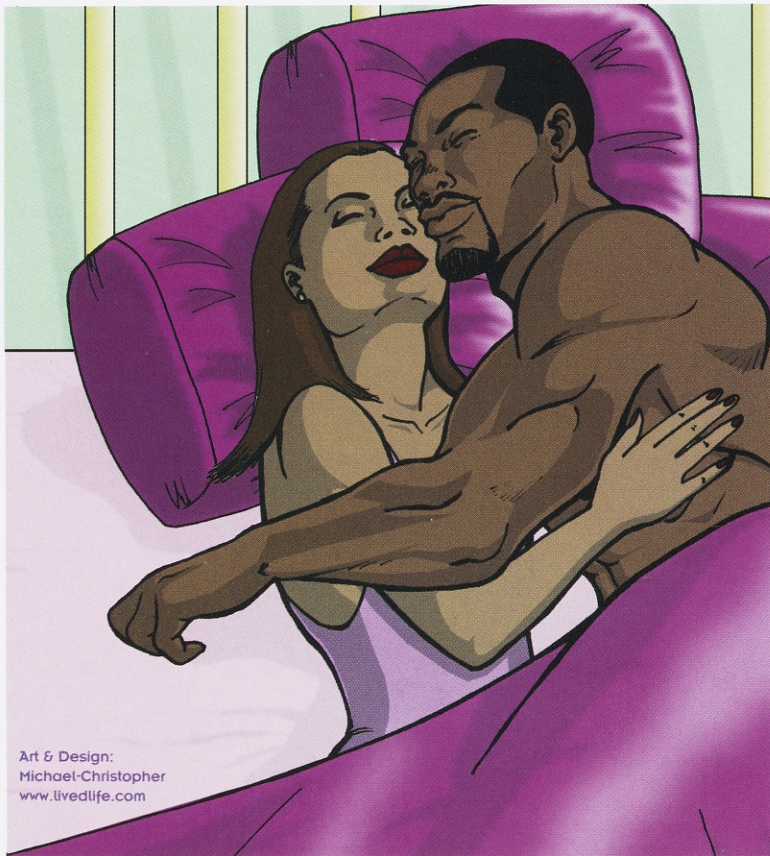


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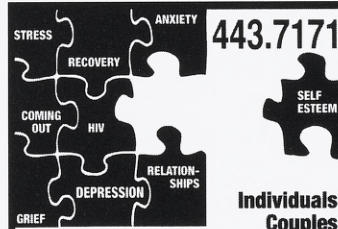
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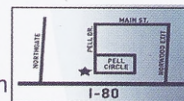
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# HIV NEWSWIRE

by Sonya Cox

## SURPRISING NEW TRANSMISSION GUIDELINE FOR DEVELOPING NATIONS

Exclusively breast-feeding a baby until it is six months old could cut the risk of mother-to-child HIV transmission in developing nations, scientists say.

University researchers in South Africa compared solely breast-fed babies with those also given formula or solid foods. Their findings showed there was a low four percent risk of post-natal transmission to infants who were fed only breast milk until the age of 6 months. Infants receiving formula or animal milk in addition to breast milk were nearly twice as likely to be infected, and those given some solid foods in addition to breast milk were nearly 11 times more likely to become infected. They believe this high solid-food risk is due to the larger, more complex proteins found in solids that may lead to damage of the stomach lining, allowing the virus to pass through the gut wall.

In our modern and developed world, the risk of mother-to-child HIV transmission has been cut from 25 percent to under 2 percent because of the use of anti-retroviral therapies, good healthcare support, and exclusive formula feeding – no breast milk. But these benefits are often unavailable in poor and less developed countries, and exclusive breast-feeding is the best option for most of these women, the researchers said.

Dr. Paulo Troia of Sacramento's CARES clinic explains that, "The major problem with formula feeding in the developing world is that there is a lack of access to clean and safe water. Therefore, the risk of a newborn being infected by HIV from breast-feeding has to be weighed against the risk of the child dying from waterborne illnesses." Regarding the feeding of solids to babies, he concurs that "adding solid food to breast-feeding is actually detrimental and increases the risk of HIV transmission. When all those variables are looked at carefully, it does seem like exclusive breast-feeding in the developing world may be the strategy with the lower risk and best chance of child survival."

Dr. Troia emphasizes that, "For our country and the developed world, the recommendation remains that HIV-positive women cannot breast feed."

## SPERM-WASHING LEGISLATION INTRODUCED

HIV-positive men wishing to have children with their wives have thus far been barred from donating sperm, despite the availability now of reproductive medical services that vastly lower the risk of transmission. Their hope is in-vitro fertilization, but currently California law does not allow them to try.

State Senator Carol Migden has introduced legislation (SB 443) that would allow couples to use "sperm

washing," in which the semen is cleansed of HIV and other infections prior to artificial insemination. In 3,800 reported cases outside this state where sperm-washing was used, there has been not a single case of transmission to the female partner, says the UC-San Francisco department of obstetrics and reproductive sciences. Now that people with HIV can live for decades, reproductive rights should become the law of the state.

## ADDITIONAL PARTIAL PROTECTION WITH CIRCUMCISION

After trials in Kenya, Uganda, and South Africa, United Nations authorities now officially recommend that straight currently-uninfected men in countries with mainly heterosexual HIV epidemics undergo circumcision because of compelling evidence that circumcised men reduce their chances of contracting HIV by up to 60 percent. This rate of impact could mean that 5.7 million new cases of HIV infection and 3 million deaths over 20 years could be prevented in sub-Saharan Africa.

More study is needed, U.N. and World Health Organization officials say, to determine whether male circumcision would have an impact on transmission to women, or reduce infection during gay intercourse. They recommend that access to circumcision services be scaled up in countries with a prevalence of heterosexual epidemics, but said they do not recommend circumcision of HIV-positive men.

"We must be clear," said a spokesperson for UNAIDS, "male circumcision does not provide complete protection against HIV." Other protection methods, such as male or female condoms, and reducing the number of sexual partners, must continue to be used. We do not want these men to develop a false sense of security and engage in high-risk behaviors that could undermine the additional partial protection provided by male circumcision, the agencies said. And men who undergo circumcision must also understand that they are actually at higher risk of being infected if they resume sex before their wound has completely healed.

## OUT-PATIENT SURGERY CAN BE RISKIER FOR POZ FOLKS

Having HIV infection, cardiac problems, peripheral vascular disease, cerebro-vascular disease, or cancer, being 65 or older, having a procedure that lasts longer than 120 minutes, and the use of regional or general anesthesia are all associated with an increased risk of emergency hospital admission after a person in these categories has out-patient surgery in a location other than a hospital, say scientists from the University of Pennsylvania School of Medicine.

All these risk factors should be carefully considered before a person has out-patient surgery, the researchers reported in the March Archives of Surgery.

The risk of having surgery away from a hospital where emergency services are close at hand must be assessed and taken into account, said one of the study authors. "Most complications from out-patient surgery are minor. But if there is something major, would you rather be far away and need to call an ambulance and be transported varying distances to a hospital, or would you rather have a full staff of physicians in the building and ready to help treat you?"

While out-patient surgery is "very safe," the study said risk factors for these categories of people need to be taken into consideration. The team analyzed data on more than 783,500 people who had undergone out-patient surgery. Of those, 4,351 were sent to a hospital immediately following their surgery, and 19 died.

"It is the responsibility of both the patient and the physician to consider the medical history and type of procedure before deciding what is best to ensure a healthy outcome," they concluded.

## HIV NAME REPORTING

By the end of 2007, it's expected that all 50 states will be using the name-based reporting system for HIV surveillance. Only three states still use code-based systems, and they are moving in the direction of changing. The switch is due, in no small part, to the fact that more than \$1 billion in federal Ryan White money for meds and health services will be distributed from now on based on new formulas that include the numbers of HIV cases counted by states using names.

The shift marks a victory for federal health officials. In 1999, the Centers for Disease Control said code-based systems burdened health care providers and, in some cases, led to double-counting. In 2005, CDC strengthened its support to a recommendation.

Some AIDS advocates still believe code-based systems are valid and offer more confidentiality. "I've not so much changed my opinion as surrendered," says the deputy director of AIDS Action in Washington, DC.

Public health officials are working to reassure people who test HIV-positive that strong security measures are in place. Participating states strip names and other identifying information from their HIV reports before sending them in an encrypted format to CDC, health officials said.

## NEW CPR ADVICE COULD ALLAY HIV FEARS

Doing simple chest compressions, rather than alternating between compressions and mouth-to-mouth ventilation, appears to save twice as many heart attack victims, says a study published in the Lancet medical journal. Halting the compressions in order to provide ventilation actually reduces the blood flow to the heart by a large amount. The blood of the person is fully oxygenated at the time of the attack, and that supply is usually enough to last up to 8 minutes.

# IN LOVING MEMORY

...OF FRIENDS LOST IN APRIL

April 1986:  
Scott Oatman  
Randy Pike  
Don Perez

Wayne Fred Risley  
Bob Chermack  
Joseph Wm. Leis  
Richard Lynn King  
Billy Kimpton  
Larry Bane

April 1987:  
Kevin Adams  
Mel D. Foote  
Mick Shaughnessy

April 1996:  
Jerry Castillo  
Arnold  
Dr. William "Danny"  
Covey  
Jon Allman  
Al Hader  
Gary L.  
George Ray  
Peterson  
Linda H.  
Eric Lee Cook  
Steven L. Martin

April 1988:  
Scott Jay Miller  
David Tapia, Jr.

April 1989:  
Jose (Joe) Herrera  
C. K. McClatchy

April 1990:  
Kenny Pendergast  
Stanton Kotter  
Walter Williams  
Paul Martin  
Dr. Lee Wreyford  
Gary McDaniel  
Ryan White

April 1998:  
Shannon Davis  
Jon Anthony  
Bridgham  
Steven Bruggeman

April 1991:  
Dr. Laz Nemeth  
Chad Andrew Henry  
Manuel Silva

April 1999:  
Mike Amoretti  
Richard Monnier

April 1992:  
Chris Angeles  
Louis Franklin  
Lauren Searle  
Michael Croker  
Jeffrey Poile

April 2000:  
Joe Garrett

April 2001:  
Eric Hogan  
Akili Jaye  
Jimmy Mazza  
Anthony "Garth"  
Harrison, Jr.

April 1993:  
Donald Thompson  
Stephen Green  
Ben Rudolph  
Sal G.  
Donald Pruitt  
David Oliver

April 2004:  
Phyllis Randall

April 2005:  
Mark (DJ  
MarkieMark)  
Simpson  
Matt Wakely

April 1994:  
Jim DiStefano  
Andrew Swanson  
Steve Unruh  
Philip Waggoner  
Jack A.  
Emilee P.  
Rawlston Deen  
Poole  
Jay Johnson  
Wally Antosiewicz  
Vance E. Neel

April 2006:  
Richard Wyman  
Marty Tenich

Year Unknown:  
Eugene Harris  
Terry Heiser  
Don Hogue  
Winston Ingham

April 1995:  
Wayde Winsley  
Joseph Wm. Leis  
Ronald Campbell-  
Gallagher  
Daniel Miles Cargile  
Rodney F.

In Loving Memory  
of friends lost last  
month:

March 2007:  
Bob Hattoy

When someone you love becomes a memory, the memory becomes a treasure.

To add the name of loved ones to MGW's IN LOVING MEMORY column, or to clarify a "Year Unknown", call (916) 737-0309

If the person is gasping, as most people do, the gasping actually produces much more oxygen than mouth-to-mouth, so the body does a better job, and does it automatically.

Hopefully, this will inspire more bystanders to assist a person having a heart attack, rather than just observing their pain because they fear possible transmission of HIV or other diseases.

The authors cautioned everyone to understand that this new guideline applies to heart attacks only, and not to people who are in respiratory (breathing) distress, such as victims of drowning or drug overdoses.





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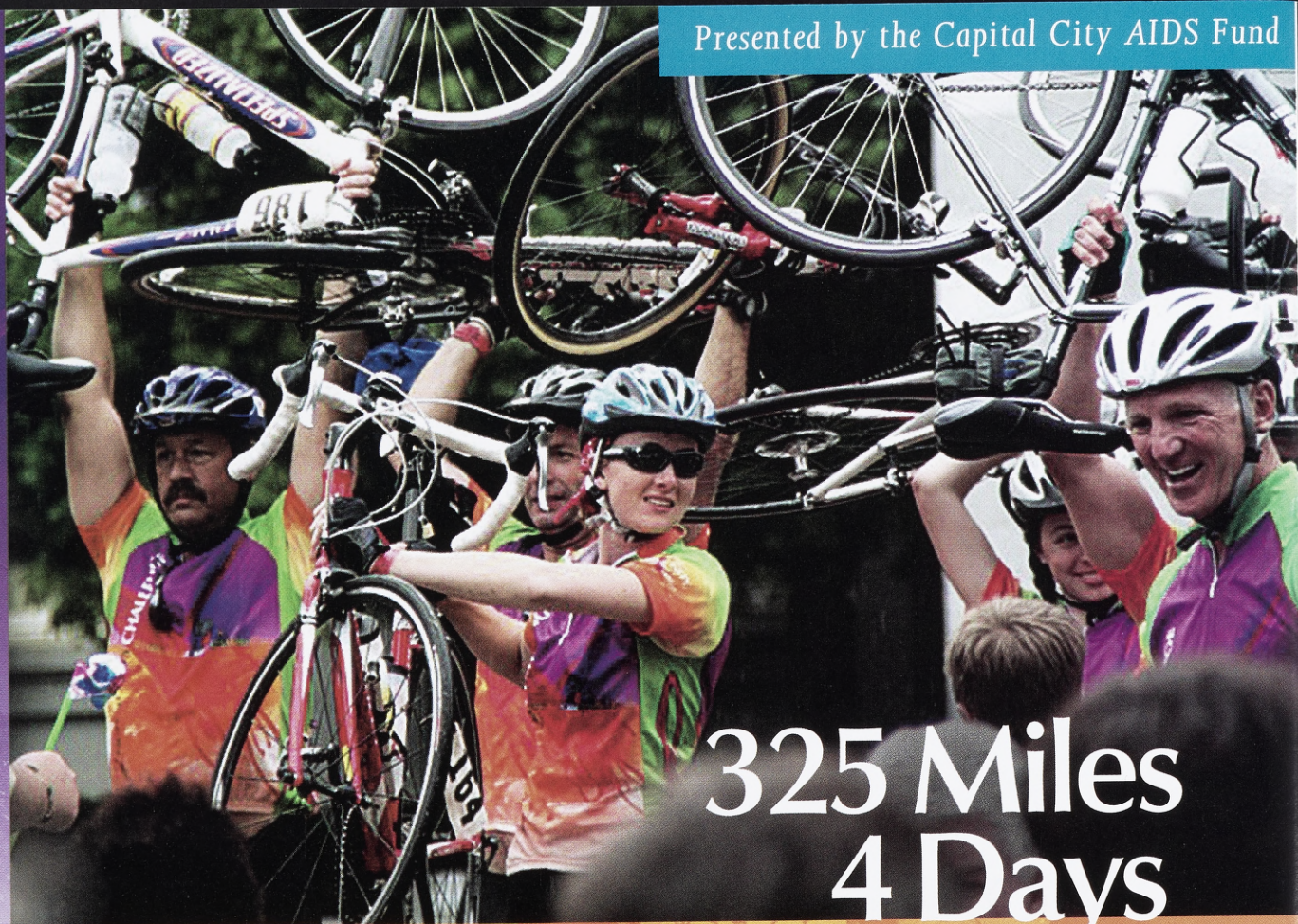
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